

LOCAL AUTHORITIES AND THE HEALTH AND WELL-BEING AGENDA

Rural Services Network, Worcester 3/3/2015

REABLEMENT AN EVOLVING SERVICE

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Where did reablement come from

- Community care act and outsourcing of council services
- Started to cover in house homecare costs
- Stop escalating care packages
- The personalisation agenda and the person centred approach

What is reablement

- Quote “services for people with poor physical or mental health to help them accommodate their illness by learning or re-learning the skills necessary for daily living”.
- Based in home care
- Confidence and standing back
- Different models with level of O.T, physiotherapy access
- How is it different from - Intermediate care ,enablement
- Free for 6 weeks

What are its strengths

- Saves money for the local authority
- Better outcomes for people
- Creates independence for people
- Motivates staff
- Improves long term care
- Engages people
- Reviews regularly
- Has measurements in place for showing effectiveness
- Person centred

Its weaknesses

- Not understood by others ,what is it
- Some staff do not reable
- Completing and handing service to long term providers can be delayed
- Can be seen as expensive
- Not good with isolation

The threats

- Integrated care ,defining its contribution with health
- Commissioners measure by times and tasks
- Seen as expensive

And the opportunities to continually evolve

Now in law

- The Care Act 2014
- The Better Care fund
- Health and Social care act 2012
- Reablement at forefront of integrated health and social care reform

Prevention role

- Help with signposting
- Prevent isolation
- Link to community
- Link to enablement
- Link to Telecare

...and more opportunities.

Whole system approach

- Reablement the approach of the local authority
- Part of care support and planning
- Reablement develops outcomes for people
- Reablement part of long term home care and residential care

Need to consider

- Training for all staff
- Monthly contract for care staff
- Application to dementia care
- Commission by outcomes not needs and tasks
- What type of referrals to reablement service

The future for reablement

- It will have changed form all present descriptions
- That is the strength of the approach